

Sarah Windham

Sarah is a passionate and gifted vocalist and musician, a guest relations specialist for Heart for Africa, a cake pop artist, a wife, and mom of 2. Her positive attitude and courageous spirit shine through everything she does in spite of a lot on her plate and some tough life struggles. Sarah's mantra is "It is well with my soul" and she lives it out with joy.

Stronger Through Surrender

When difficult circumstances come (and they will), it can be devastating. Give yourself space to lean into the pain, but also surrender to the path they will take us on. Sarah will be sharing how you can become stronger through surrender.

"I wouldn't choose much of the pain the last few years have brought, but I'm so thankful to be on this path and know it's where I need to be." - Sarah