

DISCUSSION GUIDE - Losing My Religion - Finding Worship

- 1. Icebreaker- Are there any practices that you have seen people use in worship that you have been uncomfortable with? Share your experiences with each other.**
- 2. Why do you think people only associate worship with singing? What does it look like to expand our vision on that?**
- 3. Read 2 Samuel 6:22, Psalm 95:6, Nehemiah 8:6- How do our physical postures impact our heart of Worship?**
- 4. Read Luke 19:38-40. What keeps us from worship? How do we break out of that? Share stories of what has helped you in the past.**
- 5. Read Romans 12:1. The Word for "True and proper" used in this scripture is where we get the word logical. How do we move out of worshipping only out of emotion and engage our other senses in worship?**
- 6. Application- Read Colossians 3:23- Write it down or put in in the note section of your phone. Carry this heart of worship into one new area of your life.**