

# **DISCUSSION GUIDE - Drift Happens - Week 1**

## **Why Do We Drift?**

- 1. Icebreaker - What is your favorite season of the year? What makes it your favorite? Is it the weather or the holidays that happen during that time of year?**
- 2. Do you have a season of the year you seem to DRIFT? Or a pattern you get into that draws you away from God? Share that experience with the group.**
- 3. Read Psalm 139:23-24. Are you comfortable with God taking a closer look at your heart? What do you think He might find?**
- 4. We have what the scripture calls a battle between our soul and our flesh. This is why drift happens. Where would you like to be in your relationship with God as opposed to where you are right now? Would you like to serve more, be more generous, or spend more time alone with God in prayer and His Word?**
- 5. Read Philippians 4:4-13.**
- 6. Application- How can you apply Philippians 4:4-13 to your day starting tomorrow? Make a plan and share it with one another. Then ask one another next week how one another's week has gone.**
- 7. Close group with sharing some of the ABC's of gratitude that we learned about on Sunday. Close in prayer for one another.**