

## **Week 5 Discussion Guide At The Movies: Inside Out**

Ice Breaker:

Share your most embarrassing moment of a time your emotions got the best of you.

Scripture:

Read Colossians 3:12-14

Questions:

What does this list of Godly attributes replace in your personal life? How would your relationships look different if you were to clothe yourself this way?

In the Movie, Inside Out, Riley has islands (pieces of her identity) that Joy is trying to protect. How have your islands changed over the years?

Have you ever tried to protect an island (pieces of your identity) only to have it fall? Where is God forming you into something new?

Where do you need to trust God right now to continue to shape your identity?

Application:

Take inventory of your life considering Colossians 3:12-14. What are you doing to look more like this list?

Read 1 Corinthians 13:4-8. This is what God created love to be. Is this the love that you are putting on or is the love you feel more emotion led?