

The Arrival: Peace

Week 2

Discussion Guide



Icebreaker

When you hear the word “peace” what comes to mind? (images, memories, moments)

Why do you think those stand out to you?

Discuss

Every December, the words joy, hope, and peace cover our mugs, pillows, and Christmas cards. Yet many of us feel anything but peaceful. Long before Jesus arrived, God promised a peace that was different from anything the world could offer. Advent is about recognizing that peace is not just a feeling God gives. Peace is a person God sent.

Read: John 14:27, Luke 2:14, Isaiah 9:6

- **Why do you think peace is so commonly advertised but so rarely experienced?**
- **Where do you personally feel the greatest pressure, worry, or mental load right now?**
- **When Jesus says, “My peace I give you,” what thoughts or emotions come up for you?**
- **What stands out to you about the titles Isaiah gives Jesus?**

If we’re honest, most of our search for peace starts with trying to fix what’s around us. But Scripture takes us deeper. It tells us that peace begins with being made right with God, and from that peace everything else flows.

Read: 2 Corinthians 5:21, John 3:16-17, Romans 8:1

- **What do these verses reveal about why Jesus came?**
- **Is there anything that makes you hesitate to believe that God really offers forgiveness and a new beginning?**

Peace with God is the foundation—but Scripture teaches that Jesus also offers the peace of God: a peace that surpasses all understanding and guards our hearts and minds. This peace grows in us as we trust, surrender, and lean the weight of our lives onto Jesus.

Read: Isaiah 26:3, Proverbs 3:5-6, Philippians 4:6-7

- **Where do you notice yourself leaning on your own understanding?**
- **What does it look like to “fix your mind” or “lean” on God in your daily life?**
- **What is the biggest barrier that keeps you from jumping into the arms of Jesus? Where do you feel a tug-of-war between surrender and control right now?**
- **Why do you think surrender is so central to peace?**

Application

Peace isn’t something we stumble into; it’s something we choose to walk toward. Advent invites us to respond to Jesus both with trust and with surrender.

Read: Matthew 11:28-30

- **Where do you feel weary, burdened or restless?**
- **What would it look like for you to “come to Jesus” in that specific area this week?**
- **What is one practical way you can fix your mind on God each day this week?**
- **Who in your life needs to hear about the peace Jesus offers? How might God use you to show or share that peace?**

Prayer

Spend time in prayer inviting Jesus to bring His peace into the parts of your life where you feel unsettled or unsure.