

I Declare: Godly Grit

Week 7

Discussion Guide



Icebreaker

Who is someone in your life or in history that you admire for their perseverance? Why?

Read

Take turns reading Joshua 14:6-15, James 1:2-4, John 16:33, Hebrews 12:1, Acts 20:24; Ephesians 2:10

Discuss

Caleb knew that the land was worth it. He also knew that it wouldn't be easy. Developing Godly grit starts with seeing struggles as part of the journey rather than obstacles to stop you. James 1:2-4 reminds us to consider trials as opportunities for growth.

- **How do you typically respond when life feels uphill? Do you naturally lean toward quitting, complaining, or problem-solving? Why do you think that is?**
- **Think about a challenge you are facing right now. How could changing the way you view it (opportunity vs obstacle) impact your perseverance?**
- **Caleb didn't let fear of giants stop him. What "giants" in your life tend to make you hesitate or give up, and what would it look like to confront them with courage?**

Even Caleb had Joshua and others around him who encouraged and supported him. We are wired for community, and God often uses people to help us endure. Your friends, family, and mentors can either pull you down or lift you up. Hebrews 12:1 calls us to run the race with endurance, stripped of anything that weighs us down.

- **Think about Caleb and Joshua. How important was having someone who shared the same vision to his success?**
- **Who in your life encourages you to persevere when you feel like giving up? How do they do this?**
- **Are there relationships that make it easier for you to quit or settle for less than your best? How could you protect your grit by setting boundaries or finding new influences?**
- **If you had to build a "no-quit team" from scratch, what qualities would you look for in the people around you?**

Grit isn't just about persistence. It's about purpose. Caleb's perseverance was for the promise God had given. Paul reminds us in Acts 20:24 that life is about finishing the work God has for us. When your efforts are tied to a mission bigger than yourself, you are more likely to keep going even when it's hard.

- **What motivates you right now to keep going when life is tough?**
- **How might identifying a greater purpose in your life give you strength to persevere through challenges?**

Application

Quitting is probably not your plan when you first begin, but you just get tired, discouraged and overwhelmed when life get hard. Caleb's life shows us that grit is formed in the waiting, the disappointment, and the long stretches where nothing seems to change.

- **Where in your life does it currently feel like an uphill climb?**
- **What is one thought or narrative you need to challenge or replace when things get hard?**
- **Who is on your no quit team? Share your struggle with them so they can help support you.**
- **How could trusting God's purposes for your life give you the courage to endure what feels uncomfortable right now?**

Prayer

Spend time in prayer asking God to help you develop grit and endurance to keep going when life feels uphill.