

How Do I... Week 1

Discussion Guide



Icebreaker

What's something you've tried to learn but gave up on? Why did you quit?

Read

Take turns reading Psalm 1

Try

(Not all passages will have 4 parts to fill in.)

S: sin to avoid

- What are the things in our life to avoid or get rid of in order to live the fulfilling life God has designed us for?

P: promise to claim

- What promises or blessings does God give, because He is a good, gracious, and loving Father?

E: example to follow

- Is there an illustration or model to follow (or not follow) in this passage? Why (or why not)?

C: command to obey

- Throughout history, God has guided His people through instruction, commands, and teachings so we can enjoy the eternally significant and meaningful life He desires for us. Is there instruction He gives in this passage?

Process

- **What stood out to you about the passage?**
- **Did anything challenge or confront you?**
- **What are some of the barriers that keep you from reading your Bible and applying it to your life?**
- **Was this method helpful for engaging with the Bible and applying it?**
- **What is your plan to begin reading and applying the Bible on a daily basis?**
- **Who can help you stay accountable to that plan?**

Prayer

Spend time in prayer asking God to give you a desire for His Word, to meet you in your daily time with Him, to speak clearly through Scripture, and to give you the courage to live it out.